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Aloha CMA and CCFFH Operators,

The information contained in this official newsletter has been reviewed and approved by DOH/OHCA. It is being distributed to all CMAs and CCFFHs.

Newsletter #134

February 16, 2025

Aloha CMAs and CCFFH Operators,

Right to Privacy

Clients have the right to open their mail, have visitors in a private, speak on the phone in private, etc. Caregivers nor household members should be listening in to conversations, interrupting clients during visits/phone calls, etc. Opening client's mail is a federal crime.

Client's must be changed, repositioned, provided personal care in private. i.e. behind closed door or curtain.

Incontinent Care Issues

CTA has been finding more clients with double briefs or use of pads under briefs. This is not considered good nursing practice and there is scientific evidence to show that double briefs should not be utilized. Briefs are designed to be worn one at a time and using one brief is considered providing basic nursing care standards. Use of two briefs is also against Centers for Medicare & Medicaid Services Regulations (Federal rules and regulations).

Should CTA find a client with double or triple briefs on, in any manner, the CCFFH will be cited for 11-800-43(c)(5)(A) Include the caregiver observing the following provisions of care: Appropriate, safe techniques, and infection control procedures. Case management agencies have also been informed to address this issue if they find it in a CCFFH. It is expected that clients who are incontinent be checked and changed and repositioned at least every 2 hours and more often, if necessary. It is also expected that clients be given/and encouraged to drink enough fluid every day (40-56 ounces on average – unless restricted by MD) to prevent dehydration, promote healthy skin, and combat disease processes.

Primary reasons not to double up on adult briefs.

1. The waterproof backing prevents a second brief from performing and properly absorbing waste. The leads to more leakage because the leakage closest to the client's body will overflow into the wrong areas of the second brief, usually outside of the absorbent core. The causes the second product to leak more quickly.
2. Doubling up traps moisture against client's skin because the product cannot absorb anymore. This leads to skin breakdown, urinary tract infections, yeast growth, staph infections, abrasions on groin, skin rashes and other irritation.
3. Doubling up causes clients to heat up and sweat in the areas the products cover.
4. There is a noticeable increase in odors when using two briefs because the two products cannot breathe as they are made to do.
5. Increased costs – it costs more money to use two rather than one.
6. Using two products is probably uncomfortable for your clients as they are bulky and clump up. For those clients that are mobile it can cause decreased mobility and potentially lead to an increase in falls.
7. It takes longer to change two briefs than it does one brief.

It is most important to ensure you use the correct size brief for each client individually.

Here are links to some articles that will assist you in making sure you are providing the best care to clients to prevent skin breakdown. They reinforce the above

<https://aeroflowurology.com/blog/two-incontinence-products-at-once#:~:text=Most%20people%20think%20that%20adding,to%20leak%20even%20more%20quickly.>

<https://tranquilityproducts.com/why-double-diapering-is-not-the-best-solution-for-you/#:~:text=No.,and%20fluid%20from%20leaking%20out.>

<https://allnurses.com/double-briefing-t631660/>

<https://www.facebook.com/watch/?v=610805233376498>

<https://www.mcknights.com/news/how-to-do-it-incontinence-care/#:~:text=Do%20not%20%20double%20brief%2C,the%20brief%2C%20Morrison%20explained.>

Mahalo



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